

## Greetings GC Hub Members Join the GC Kokoda Team!

Ready for a serious challenge, hardcore training and the chance to support the <u>Kokoda Youth Foundation</u> programs? Go beyond your limits, train with our community and do something extraordinary



What	The 96km Kokoda Challenge
When	14 - 15 July, 2018 all day, all night
Where	Gold Coast Hinterland (varied terrain)
Who	For local startup community people

We're bringing our **local entrepreneurial community** together for a serious physical (and mental) **outdoor challenge**. There'll be **ongoing training** events and activities. Sign-up if you're ready to **commit yourself**, lead and contribute to **team fundraising** efforts and have fun with **super unique** training sessions. Warning: <u>It can break you</u>. 1 in 5 people don't complete the 96km. If you're signing up, you will need to seriously commit to training!



Watch the Course Flyover: Part 1 | Part 2

**Training Plans** 

We'll kick off team trainings on the Gold Coast (starting in October) and there'll be a Facebook Group with details and training calendars.

We're planning super unique and challenging team sessions that'll help prepare us physically and mentally and replicate the Kokoda Challenge conditions (think... heat, mud, water, cold, hills, bush, rain, day + night).

We don't expect everyone to be free for every training session, but as the Kokoda Challenge is a team event (ie. all teams must always arrive at check-points together), training is critical and this must begin early.

For teams and support crew members, we'll also organise events with entrepreneurs, mentors and endurance athletes - to learn and prepare.

We're taking a community-led approach. If team members can assist or share experiences or introduce helpful people - awesome. Get involved.

## How it Works

The Kokoda Challenge officially accepts registrations as teams of 4.

Our Startup Community Team can still complete the Challenge as a 'super group' (ie. 24 people hiking), but sub-teams of 4 are needed.

If you're solo or have a group of 2-3 eager to join, great! Get in touch and you can sign-up by joining others. We will help introduce people.

Each team of 4 requires:

- A Team Leader (responsible for admin, payments and contact)
- A Support Crew (we recommend 2 people / 1 vehicle per team)

Support Crews help by carrying food, water and equipment, for use at different phases of the track, and by setting up meals before arriving at check-points. To successfully complete the challenge, they are critical.

## IMPORTANT

Kokoda Challenge will still be your key contact for all enquiries. Visit their <u>website</u> for more info. You'll interact with them for any 'admin'.

**Our role?** We're rallying our community, including GC Hub Members. We'll plan training days and help community-wide fundraising efforts.

Costs & Fundraising	per person	per team
Registration Fee (tbd)	\$120	\$480
Fundraising Contribution	\$400 (min)	\$1,600 (min)

<u>*Remember*</u>: for the Challenge and lead-up trail training, you may need other equipment (ie. backpack, camelbacks, trail boots, wet and cold weather gear, specialty items etc) and supplies. Any additional costs are your responsibility.

Next Steps / Timelines		
Get Started	<ul> <li>Visit: <u>Kokoda Challenge</u> for event info</li> <li>Learn about <u>Kokoda Youth Foundation</u></li> </ul>	
	<ul> <li>Ask yourself ready for the challenge?</li> </ul>	
1 Aug - 31 Aug	<u>Get off the couch</u> . Recruit a sub-team of 4 people <i>Or, email your interest as 3 or 2 - <u>or just yourself</u>.</i>	
Closing 31 Aug	<ul> <li>Email kokoda@gchub.com.au , including:</li> <li>No. of people</li> <li>Names (inc. team lead name, if #4 pp)</li> <li>Email/s</li> <li>Mobile/s</li> </ul>	
1 Sep 2017	Pay team registrations direct to Kokoda Challenge	
October 2017	Get ready! GC Kokoda Team group training begins	



## *"Known as the toughest team endurance event in Australia"*

